



# The Global Caregiver

*Created by a veteran caregiver - for caregivers & about caregivers globally.  
When quality caregiver support happens, it means quality care all around.  
Whether you are a family caregiver or a facility that offers  
caregiver services, let me help you reignite your passion  
& refresh your skills and competencies.*

**Beverley Shungu-Omba**

# OUR MANIFESTO



**O**ur mission is to train, support and prepare caregivers to provide the level of care everyone deserves. To that end, we offer our guiding principles and values that are the foundation of a community envisioning a brighter future for the caregivers and all the patients, employers and families that are the stakeholders of our industry.

## Caregivers Break the Mold Everyday

Caregivers come in all shapes and sizes, ages and colors, some experienced while others, often family, are pressed into unexpected service and learning on the fly, hoping it's enough. There are more than 4 million unpaid family caregivers in the United States alone, and we stand with them during times that test them emotionally and financially. Our goal is to help and support them.

Today's professional caregivers may be trained nurses or certified nursing assistants, often retired patient and healthcare technicians, but educational level varies. Specialties driven by epidemics like Alzheimer's have created new categories and types of facilities. The mission remains serving people in need, with the all too common denominator of working 12 hours a day doing the best they can.

## Today's Caregivers Know Sacrifice

The profession doesn't have big benefits, perks, and career entitlements. There is often no financial security, services are as-needed when needed, no FMLA and spotty mental health services access is the rule, rather than the exception. Systems are overwhelmed, training is inadequate, and too many agencies emphasize profit in attempting to survive to fight another day. We can and must do better.

We support stricter and more effective monitoring tools to ensure agencies are accountable to their mission, adhere to best practices, committed to training and continuing educations that ensures that their caregivers have the tools they need to perform their work at the highest level. We must all refuse to settle and aspire to a higher standard of skills, training, ethics and personal conduct.

## Raising the Bar Requires Our Support

The best care starts at home and to deliver the best, we need the best people. That sounds simple enough, but those caregivers require emotional support and professional respect that recognizes that they're often putting their own lives on hold, and even compromising their personal health, as they serve as unofficial psychologist, psychiatrist, cook, bottle-washer and even gardener.

We must do everything we can to prevent caregivers from being abused by the system, and it starts by creating a community and platform that values and supports them. They deserve recognition, respect, and support from their employers and healthcare professionals. The mission of The Global Caregiver is to enlist the support of those depending upon them. We really are in it together.

**THE FUTURE OF  
CAREGIVING  
IS OURS.**

“There are only four kinds of people in the world; people who are caregivers; people who will be caregivers; people who need care; and people who will need care.”

- Former First Lady Rosalyn Carter

# CAREER COUNSELING & SUPPORT



In the years ahead, more caregivers than ever will be needed to provide top in-home care around the world. Demand is exploding and it's more than the ever-larger aging populations; the nature of conditions like Alzheimer's and PTSD, as examples, social pressures such as the homeless crisis and economically-driven shorter hospital stays are factors combining to make it a certainty.

## Consultation to Bring Out Your Very Best

The value of high-level skills has never been greater. The best opportunities are often challenging as well, and needed is not just skills, but genuine confidence, creative problem-solving, flexibility, tools to stay calm during a storm, a sense of humor and love for people. The Global Caregiver provides group and one-on-one counseling and consultation for residences, agencies and caregiving facilities.

## Training & Preparation

Attention to personal strengths and weaknesses and building upon good habits and best practices, we're about building confidence that's real, recognized and valued by clients and employers. In a crisis you may be a first-responder, even the family go-to, and that requires blending teamwork and leadership, and the ability to liaise with family, medical, social workers, family and more.

## Success Means Being Your Best

As a caregiver, or an agency or facility with a team of caregivers, our experience and California State training certification enables us to take you, or you and your team to the next level. The benefits begin with confident and more fulfilled caregivers that deliver a superior level of care, but it's also good business. When we put caregivers first, we all win.





The Beverley Method is a 6-step approach, which has been taught and demonstrated since 2002 in a series of empowering and inspirational caregiver seminars.

- + Ethics
- + Integrity
- + Dependability
- + Flexibility
- + Creativity
- + Maturity

A Beverley Method inspired caregiver is equipped with an array of high-level skills and competencies and is able to demonstrate impeccable customer service, enabling the client to enhance and improve their quality of life.

**ORDER ON AMAZON TODAY!**



## BOOK BEVERLEY FOR DYNAMIC EMPOWERMENT SEMINARS

The Global Caregiver Ambassador, Beverley Shungu-Omba, provides caregivers the tools and support need for a brighter future. Studying as a Mental Health Nurse in the United Kingdom precipitated her stellar career in the fields of Medicine, Mental Health and Home Health. Over 14 countries and 20 years, Beverley has amassed a wealth of knowledge and experience in End-of-Life Care, Developmental Disabilities, Forensic Mental Health, and Gerontology with a focus on Alzheimer's and Dementia.

Beverley is a sought after thought leader and recognized authority in the caregiver field, and a walking history book, chronicling countless stories and histories of the lives of those she's served from numerous cultural and religious backgrounds – including a deep learning from the Japanese American Community who endured internment camps after World War II.

"I felt compelled to highlight the profound contributions of Caregivers/Carers worldwide, and stir up some robust conversations as the world faces a Caregiver crisis of epic proportions. I am the caregiver ambassador to the world's caregivers because Caregivers are not commodities, they are our assets."

Moving to The United States, Beverley continued her education and broadened her experience in Forensic Mental Health and Developmental Disabilities; while becoming a Psychiatric Technician licensed in Kansas and California; and an accredited Caregiver Trainer and mentor in the State of California.

With this passion, Beverley founded The Global Caregiver Forum to facilitate global conversations and gives caregivers a place where their career support and needs come first. Her best-selling book: 'The Beverley Method', which emphasizes the perpetual relevance of the caregiver role in the larger healthcare community; highlighting the importance of including caregivers in structural change at industry and policy level, as the world faces a caregiver dilemma due to aging populations worldwide and the onslaught of Alzheimer's. Beverley has forayed into empowerment seminars, giving caregivers the opportunity to provide ideas and solutions for the industry.

At home, Beverley enjoys the simple pleasures of life with her 3-year-old Chihuahua, Nelson, who is her travel companion around the globe.

 - Beverley Shungu-Omba



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